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The Agency Supports Persons with Developmental Disabilities in Living, Learning, and Working in their Communities

agency for persons with disabilities

State of Florida



Sunshine Gala a Grand Event!

June 5th was an unforgettable night as Sunland hosted our 2nd annual formal event, now known as the Sunshine Gala! The warmth of the summer evening coupled with the warmth of engaging friendships and a time of celebration, set the stage for Sunland residents and staff as they danced the night away. Attendees enjoyed the opportunity to sport their finest attire at the Center's premier social event of the year. A very special thanks to the CSS staff and everyone who worked tirelessly to make this a magical evening to remember!



















Scenes from the Sunshine Gala



































In 2006, a group of dedicated Covenant Hospice volunteers and staff members wanted to bring a vibrant and exciting event to the Marianna community. Thus, the annual "Garden Gala" was established to showcase the artwork of local art enthusiasts. The event was designed to portray the love of art, gardening, and community in a one-of-a-kind event. Artists, using their own materials, time, and talent, create beautifully unique artwork on garden furniture. The hand-painted garden furniture, becomes a part of the auctioned items at the Garden Gala. Proceeds benefit Covenant Hospice patients and their families.

Since the debut of The Garden Gala, Covenant Hospice has raised more than \$435,000 to help provide excellent end-of-life care for individuals residing in Jackson, Calhoun, Washington and Holmes Counties. Covenant provides nurses, social workers, hospice health aids, chaplains, and support staff – regardless of the patient's ability to pay.

Sunland Center was pleased to have an opportunity to partner with Covenant Hospice in this year's event. Superintendent Williams commented "End of life is a sacred journey and can be extraordinarily stressful for loved ones. Covenant Hospice's efforts tonight and throughout the year translates into meaningful care and services for people who need them the most. Sunland is honored to contribute to this important work."

Pathways resident, Robert C., along with Vocational Instructor Maria Therrien-Johnson, Resident Advocate Jennie Ann Dean and Superintendent Geri Williams used their talents to contribute to this year's Garden Gala.

Pictured below left, Robert C. proudly displays his artwork on a garden bench. Pictured at the Gala are Superintendent Geri Williams and Judy Stanton, Client Services Coordinator of the Jackson County Arc, Inc.





Article & Photos Contributed by: Jennie Ann Dean





Disability Is Natural

The Northwest Region Family Care Council along with The Arc of Florida and Marcus Pointe Baptist Church sponsored a "Disability Is Natural" workshop for the community on May 12th at the church in Pensacola. Ms. Kathie Snow, who is a parent, author, public speaker, trainer, consultant, and owner of the Disability Is Natural website, entertained and inspired three audiences throughout the day with her personal stories, lots of humor, and commonsense strategies for ensuring that people with disabilities live real lives. Some of Ms. Snow's thought provoking statements are listed below.

- Your words, attitudes, and actions impact my life more than my disability.
- Quality of life is based on relationships and experiences.
- Believe in big dreams, high hopes, and high expectations.
- Every trait or behavior is not a consequence of the disability.
- Never deny the diagnosis but always deny the negative prognosis.
- I have a disability but I am not disabled.
- Ensure people with disabilities have the tools to succeed and be safe.
- People with disabilities need to be needed and want to be responsible.
- The number one need of people with disabilities is having friends and only communities can meet that need.
- Allow people with disabilities the dignity of risk.

Katrina Washington, Northwest Region employment liaison, presented information on Social Security, working and benefits, and job coaching services for individuals on the APD waiting list. The Arc of Florida shared information on its employment and housing initiatives. "The Voices of Change" from APD's Sunland Center in Marianna provided a musical interlude during lunch. The performance by staff member Donna Conrad and residents Michelle B. and Glenn B. was very well received.

Visit www.disabilityisnatural.com to sign up for Snow's monthly newsletter and learn more about creating a community of inclusion for individuals with disabilities.

For information on The Arc of Florida, visit www.arcflorida.org





Article & Photo Contributed by: Jennie Ann Dean



DISABILITY RIGHTS FLORIDA TRAINING DAY

The work of Disability Rights Florida under the leadership of Executive Director Maryellen McDonald blazes on the campus of Sunland Marianna. Patty Houghland, Senior Advocate-Investigator facilitated several sessions on Client Rights. Disability Rights Florida's Mission is "To advance the quality of life, dignity, equality, self-determination, and freedom of choice of persons with disabilities through collaboration, education, advocacy, as well as legal and legislative strategies." Sunland and Developmental Disabilities Defendant Program staff got quite the lesson on Client Rights immersed in True Colors ™ Training.

The training session, described by many of the participants as fun and interactive, provided insight on how color has been used to shape and describe our lives, our habits, our values, and our feelings.

True Colors[™] is a model for understanding oneself and others based on personality temperament. The colors Orange, Gold, Green and Blue are used to differentiate the four central personality styles of True Colors[™].

True Colors works because it is based on true principles and easy to remember and use – in all kinds of circumstances – from personal relationships to professional success.

WHAT STAFF ARE SAYING...





"Every thing was great...! liked the whole training overall. It gave me more knowledge about residents rights."

"I enjoyed the humor, energy and enthusiasm of the speaker...well done!"





"The activities were educational and fun...Great Team Building!"

"I liked the training and wish more people would buy into having "can-do"



Article & Photos Contributed by; Beth Basford



From the Superintendent...

Team – This has certainly been an interesting and exciting month! I happened on this quote attributed to Stephen Hobson:

Gratitude unlocks the fullness of life. It turns what we have into enough and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow.

Thinking about how grateful I am for the progress we're making, I thought I would focus this month's article on gratitude and determination. Have you ever stopped to take in the beauty that surrounds us? There are so many lessons that we can learn from nature. Outside my office window on any given day, I get a glimpse of the most beautiful birds in the world; one stands out to me. Let me describe what I see and then I will tell you what I hear. This particular bird has a bold crimson crown, pitch black wings, and a milky colored body. I am sure many of you already know what this bird is called. I did not. Well, I learned that this is a woodpecker. Beyond the sheer beauty of this bird, the chirping sounds resonate like a gleeful call and response in a church choir. Beautiful sounds that ooze melodies readied for creative lyrics. Then in sharp contrast there are these continual drilling sounds. As I move closer to see what is happening, the woodpecker in a deliberate manner is striking head first into the unchiseled trunk of the old oak tree shading my office. The bark will surely be breached with this determination.

What is the lesson in this? Here it is: Gratitude and Determination



Gratitude

Gratitude brings happiness. As in the case of the woodpecker, it affirms the gifts and benefits from nature that are freely given to us daily. In his natural flow, he is blessing us with his presence. Let me encourage us to take a minute to appreciate the gifts that have been bestowed upon us from nature and pass on that expression of gratitude to others in our workplaces, homes, and communities.

Determination

Determination yields positive results. Think about the red headed woodpecker's beak striking the bark of the oak tree over and over again. He's on a mission and he's not going to stop. He can do it because his beak continues to grow. Precisely! We too continue to grow. Our organization is becoming stronger and stronger – because of your positive contribution.

Let's stay the course! I wonder what the acorn would say to the woodpecker. You tell me.

Honored to serve with you. The individuals we are privileged to lend support to deserve nothing less than our very best. With gratitude and determination, we are progressing!

Superintendent Geri Williams







Unit 2 on the Move...

On June 13, 2015, residents and staff from Theil Center set out on an adventure to Gulf World Marine Park at Panama City Beach. What an awesome time of summer time fun it was for everyone! Residents were able to take in the tropical bird garden, the sea lion show, feed the sea turtles and interact with the petting pool which included star fish and sting rays. They enjoyed a special lunch and what proved to be their favorite show from looks on their faces and much laughter..... The Bottle Nose Dolphin Show. We had front row seats which meant the dolphins swam by and interacted with the crowd, and even splashed the brave front row spectators! Everyone was simply mesmerized watching the girls the dolphins pushed around by the nose, to the dolphins many acrobatic flips and the exciting beach ball toss. The show certainly had the complete attention of the audience, especially our residents. All in all, the trip to Gulf World was a very special day for Unit 2 Thiel Center!











Article & Photos Contributed by: Tambra Cabrera



Unit 3 Happenings...

Everyone enjoys and deserves a little pampering every now and then. Thanks to Chipola College's Cancer Survivor Beauty and Support Day event held on June 3, 2015, Ms. Shirley H. of Monroe and Mrs. LaRhonda S. Barnes, RTS enjoyed just that. The School of Cosmetology, along with local salon owners provided a day of true bliss and relaxation for cancer survivors and those who are going through the experience. They were given the choice to indulge in services such as; facials, manicures, polish change, paraffin hand dip, and hair services. Refreshments and gift bags were also provided at the event. Both Ms. Shirley and Mrs. Barnes walked away with Merle



Norman gift bags. The event was truly spectacular, being able to see the smiles on the faces of those who survived cancer or were going through the experience, was a great sight to see. It seemed like everyone enjoyed the atmosphere, and the pleasantness and professionalism of all those who provided services to them.

You all are probably thinking wow, what else does Unit 3 have going on? Well, Friday night on June 5, 2015, Centralized Support Services organized the first Sunshine Gala. Among the four houses in Unit 3, we had twenty-four of our residents who attended the Sunshine Gala that evening. The night was full of dancing, laughter, and pure enjoyment. As soon as you walked through the doors the visual of the decorative scheme were in full effect. The soul train line was a switch up from last year, but it was quite entertaining to see the residents and staff from each Unit strut down the soul train line while presenting their best dance moves. After going through the soul train line, we were guided outside to participate in a photo shoot and sat poolside while enjoying refreshments and the company of others. Seeing everyone in their finest attire and dancing the night away were definitely the highlights of the night. Oh, and yes, Unit 3 without a doubt knows how to bring the fun to the party. We were all on the dance floor, wheelchairs twirling and all. Everyone was thrilled when the DJ played our theme song "Happy" by Pharrell. Unit 3 thanks CSS for all you do for all our residents and staff here at Sunland. You all do an awesome job, and your hard work and dedication does not go unnoticed! Thanks to all of the Unit 3 staff whose efforts were tireless in the preparations leading up to the Gala, and in pampering our ladies who looked stunning and our men who were quite dapper that evening. You all are great at what you do, and you are very much appreciated!

Celebration of Life:

Unit 3 and the Sunland Community bid farewell to Judith H. on June 15 at the Sunland Memorial Chapel. Judith's cousin, Thomas B. Evans, Jr. gave a very touching eulogy. Thomas "Tom" Evans served three terms as United States Representative from Delaware. He recalled great memories of Judith noting her love for her doll collection and how particular she was with her things. She could tell when they had been touched or moved, he added. He went on to share more fond memories of Judith and her sisters. Before taking his seat, he expressed gratitude and appreciation to the staff at Sunland. He sat in thoughtful reflection. Rising from his seat, his final words to staff stirred a myriad of emotions. He said, "You have passed God's test!"

June Birthday Stars:

Residents: Todd H. and Sara Ann P.

Staff: Yatisha Vanderbilt, Frances Melvin, Gloria Johnson, Earl Dawson, Tiffiany Pollock, Jasmine Garrett, Jeanette Adams, Annie Gammons



Article Contributed by: Allison Jones





Safety Tips From the Sunland Safety Committee...

Get Ready for Hurricane Season -The Time to Prepare is NOW!

Hurricane Watch - Hurricane conditions are a threat within 48 hours. Review your hurricane plans. Get ready to act if a warning is issued, and stay informed. Check your emergency supplies.



Hurricane Warning - Hurricane conditions are expected within 36 hours. Complete your storm preparations and leave the area if directed to do so by authorities.

Hurricane season runs from June 1 to November 30. Living in Florida means we are risk for being hit with a storm. Being prepared now prevents you from standing in long lines at the store, searching out last minute supplies.

Next time you grocery shop, pick up some canned goods and place them in a container with a lid that you can easily grab and take with you. Use these ONLY in case of emergency. In December, after hurricane season is over, you can then use those canned goods or consider donating them to someone in need.

For assistance in formulating a plan go to http://flgetaplan.com/ http://www.nhc.noaa.gov/prepare/ready.php

Protect yourself and family with a Family Emergency Plan - http://www.ready.gov/sites/default/files/documents/files/Family Emegency Plan.pdf

Additional information on preparing can be found at http://www.ready.gov/kit



Article Contributed by: Suzanne Laramore, RN





"I Am Blessed"

On Monday, May 18th, residents from Pathways Forensic Facility attended church services at the Sunland Chapel. Chaplain Ruth A. Moore began the service by welcoming the guest speaker, Retired Elder George Barkley and members of the Mc Chapel A.M.E. Church. Human Services Counselor III Gavin Tucker opened with a prayer over the services, followed by the Mc Chapel A.M.E. choir singing several hymns.

Pathways' residents shined as they sang "I Am Blessed" for their guests during the service. Elder George Barkley delivered a heartwarming sermon and George Rivers, Director of Pathways, offered closing remarks.

It was a first for many of Pathways' residents to attend church services at the Sunland Chapel. As they sang "I Am Blessed," it was obvious they felt blessed to have the opportunity to attend the service at the church.

A special thanks to Mr. Rivers for organizing the event and Mc Chapel A.M.E. members for assisting in the worship service. It was an enjoyable service that gave everyone involved a moment out of their daily routine to reflect on how "blessed" we truly are.







Article & Photos Contributed by: Juanita Alford



COMMUNITY CONNECTIONS...



On June 17, Superintendent Williams was the guest speaker at the Marianna Rotary Club. She provided an informative overview of Sunland.

Sunland Administration was recently the recipient of the Rahal Miller-Jackson County Times Dough Patrol "fresh baked cookie" delivery! Beginning June 12, every weekday morning the Dough Patrol will be delivering fresh baked cookies to a local office or business. You can add your office to the fish bowl for the daily drawing. Include the name of your business, the number of staff, your address, phone number and business hours. Also, you may e-mail the information to editor@jacksoncountytimes.net or drop a business card in the fish bowl at the Times office. Keep an ear out for a phone call announcing the Dough Patrol is in route to deliver fresh baked cookies to your staff!

Watch the Jackson County Times each week for a list of the recipients for that week.





DEVELOPMENTAL DISABILITIES DEFENDANT PROGRAM

DDDP FIELD DAY

June 5th residents at DDDP were able to enjoy a fun day in the sun at the third annual DDDP Field Day. They participated in a variety of games and sports. These activities included flag football, basketball, volleyball, horseshoes, cards, bean bag toss, music, popcorn, snow cones, food, and fun, fun, fun!



DDDP Nursing Welcomes New SRNS



Brian Eldridge was promoted to Senior Registered Nurse Supervisor effective June 5, 2015. Mr. Eldridge, a veteran of the United States Marine Corps, brings to this position over 15 years of experience in the medical field. He started his medical career in 1999 as an EMT and received his licensure as a Registered Nurse in 2002. Mr. Eldridge has a vast knowledge base with experience in multiple health care settings ranging from emergency room, long term/geriatric, and forensic setting inclusive of mental health and developmental disabilities. Mr. Eldridge has been an integral part of our team since 2008. Congratulations to Brian Eldridge on this well deserved promotion!

Contributed by: Donna Franklin and D'quan Brigham



CENTRALIZED SUPPORT SERVICES

Jackson County Excels At Special Olympics

The month of May was a busy month for the Jackson County Special Olympics program. The Equestrian Team traveled to Lady Lake, Florida (near Ocala) to take part in the Special Olympics Florida State Equestrian Championships. Three individuals who call Sunland Marianna home made the trip and came back with plenty of hardware. Benny R. won a Gold medal in the Barrels event and a Silver medal in the Pole Bending event. James G. won a Silver medal in the Halter Class (Showmanship) and placed 4th in the Barrels event. Floyd N. won two Bronze medals, one in the Barrels event and the other in the Halter Class event.

Two weeks later, the State Summer Games were held in Kissimmee. Jackson County had athletes that participated in volleyball, track /field and cycling. The Sonics volleyball team made it to the Championship match, but in a hard fought contest won a Silver medal after falling 3-2 to Orange County. The volleyball team consisted of Jon R., Roosevelt E., Andy J., Glen B., Charles V.S., Eddie M., Nelson K., Tony P. and Marcus H.

In Cycling, Richard R. won a Silver medal while Floyd N. and Barbara M. won Bronze medals. James B. placed fourth and Nathan T. placed fifth. Four athletes participated in Track & Field events and Michelle B. won a Gold medal in the long jump. Lonnie F. (softball throw), Charles S. (400 meter walk) and Richard P. (50 meter walk) each won a Silver medal. The trip concluded on a high note as Glen B. and Sunland employee, Stacy Collins were recognized as the Inspirational Athlete and Inspirational Coach Award for Jackson County during the closing ceremonies.





Pictured above: Chuck Dickson, James G., Floyd N., Tyler Weeks and Benny R.. Other staff that made the trip were Lee Cranford (Recreation), Jerry Neel (Ranch) and Mary Herring (Nursing). Also pictured: Michele B. poses with her Gold medal in the Long Jump event.

SUNLAND BIDS A FOND FAREWELL TO RISH PARK LEGEND, BILLY QUINN



Pictured L-R: Deputy Director Tom Rankin, Superintendent Geri Williams, Billy Quinn, Assistant Superintendent Jon Creamer and Chief of Staff Karen Hagan

Billy Quinn was recently honored for his distinguished 34 year career as manager at Rish Park. Known for his love of the park and those he served, he will be greatly missed. A delicious picnic lunch at the Environmental Park was held in his honor. A large crowd of long time friends and co-workers were there

to bid Mr. Quinn a fond farewell, along with APD Chief of Staff Karen Hagan, Deputy Director Tom Rankin, Community Supports Dr. J.R. Harding, Superintendent Geri Williams and Assistant Superintendent Jon Creamer. Sunland extends best wishes to Mr. Quinn and congratulations on job well done!!



Articles & Photos Contributed by: Clint Cox





HEALTH & WELLNESS CORNER



It was just a little hit to the head . . .

Traumatic brain injury (TBI) is caused by two mechanisms: impact and movement of the brain inside the skull.

- Impact can happen from a blow to the head or a fall in which the head hits the ground. This can cause a fracture or a deformity in the skull without a fracture.
- Movement of the brain inside the skull may happen with shaking or when the moving head is suddenly stopped before hitting the dashboard or a hard floor.

Most traumatic brain injuries occur with closed head injuries and without skull fractures!

Regardless of the type of trauma, mechanical forces on the brain cause ripples of shock waves that travel through it and can injure areas away from the site of the insult. With just what seems to be a "simple" head injury, parts of the brain can go into a violent motion as it bounces against the hard surfaces of the skull: up & down or side-to-side or swirling or all three!

Trauma also causes physiological changes that make the mechanical effects of the injury worse.

- Neurochemical damages that disturb blood flow
- Release of chemicals that produce inflammation
- ♦ Increase in the intracranial pressure that may lead to stroke

In some individuals, the trauma produces immediate signs and symptoms that we all recognize needs emergency attention. In other individuals the changes may come later and be overlooked...

One common result of head injury is acute subdural hematoma (bleeding outside of the brain). This is seen in about 1/3 of severe brain injuries, but can occur with mild or even trivial head trauma. This type injury has a death rate of 40-60%. Subdural hematomas can cause minor memory loss, personality changes, headache, and/or gait (walking) changes.

In many instances, especially in the elderly or those with brain atrophy or individuals with congenital brain deformity, there is an interval as much as 3 months between trauma and the onset of symptoms. Sometimes the preceding injury is insignificant, or no history of trauma can even be recalled.

Some individuals have a chronic subdural hematoma that can lead to neurological changes that look like Parkinson's disease. Some well- known professional boxers and football players have experienced this.

TAKE AWAY MESSAGE:

- 1. Tell loved ones if you hit your head so they can be on the alert for changes you may not even think are changes!
- 2. Be on the alert for changes in others that may be from "a little bump on the head"!

Got a wellness idea or question? Call Sandy Helms, ARNP @ 482-9488

Article Contributed by: Sandy Helms

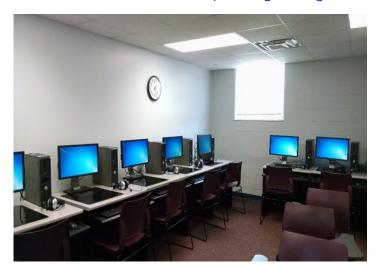




New Sunland Computer Lab

Staff Development is proud to announce that we now have a Computer Lab with ten new desktops for training. The new lab is in Classroom #2 at Staff Development and will be used for new employee online training, Microsoft Office training, and annual refresher testing. It is also available upon request for scheduling any specialized online training.

We are very close to making all our annual refresher testing electronic so the next time you come to Staff Development for Abuse, Safety, Bloodborne Pathogens, and Psychotropic Medications/Disorders refreshers, the old pencil and paper tests will likely be a thing of the past. Also, if you would like to brush up on or learn new computer skills, be sure to sign up for one of our Microsoft Office classes. Below is a list of upcoming training dates.



Date	Time	Class
June 15	1 p.m. – 2:30 p.m.	Excel - Graphing
June 16	1 p.m. – 3 p.m.	Word - Basic
June 22	1 p.m. – 3 p.m.	Excel - Basic
June 23	1 p.m. – 2:30 p.m.	Excel - Graphing
June 25	1 p.m. – 3 p.m.	Excel - Process Mapping
July 7	1 p.m. – 3 p.m.	Excel - Basic
July 8	1 p.m. – 2:30 p.m.	Excel - Graphing
July 14	1 p.m. – 3 p.m.	Word - Basic
July 23	1 p.m. – 3 p.m.	Excel - Process Mapping

Article Contributed by: Heather Traylor



NURSING NEWS - We are pleased to introduce you to the newest faces in the Sunland Nursing Department: Jenella Neel, LPN, Unit 1; Rick Brewer, RN, Unit 2; and Dorothy Hatfield, RN, Unit 3. Thank you for making them feel welcome and helping them. In addition we are very excited to have Jennifer Pumphrey promoted to SRNS of Unit 2. She is doing a great job! Her residents miss seeing her every day but she is still checking on them several times a week.



Facility V recently had their AHCA survey. Not only was nursing tag free, but one surveyor commented that a nurse was "Textbook perfect." Of course, we would never embarrass Sharon Lee, LPN, by letting that get out. Way to go!

We have purchased an AED for the Gym and Jackson County School. Make sure you identify the location of the AED next time you are in those areas. We also assisted Rish Park with updating emergency equipment in preparation for the summer. As you know, Summer is a very busy time at Sunland as our residents participate in more off-center activities. Please remember scheduling a nurse to accompany residents on trips, especially overnight trips, can be challenging since we have to also ensure coverage on-center. Everyone has been wonderful about rearranging not only their work schedules but also their personal schedules to ensure we are there for our residents. It is wonderful to work with people who are willing to give so much. Enjoy your summer and remember to use sunscreen on yourself as well as the residents, and ensure residents drink plenty of fluids when outside in the heat.

Article Contributed by: Suzanne Laramore, RN

HUMAN RESOURCES



May 2015

Kassondra Starrine Chelsea Corbin Carlotta Brown Elizabeth Jones Frederick Speights Katherine Sims Mosi Sumrall Dylan Ammons Dorothy Hatfield Katherine Sims

Welcome Aboard!!

June 2015

Carrie Garfray Sharnesia Wright Qualie Roulhac Charisse Gray



For information regarding vacancies, deferred compensation or other personnel issues, the Human Resources Department may be reached at 482-9230 or *04.

In addition, information regarding vacancies can be obtained at the People First website at: https://peoplefirst.myflorida.com

Employee Recognition Program

Celebrating May Stars!!!

Star Employees

Sue Lee, Accounting, Mike Peacock, Maintenance



Star Team - Accounting Team

Terri Banahan, Gail Snelgrove, Charles Stephens, LaWonda Holden, Pam Mayo, Sue Lee, Tanya Maphis



Congratulations!!!

Donna Conrad

2015 Staff Appreciation \$100 Grand Prize Winner!





<u>Retirees:</u>

Larry Watts Billy Quinn Carolyn Young



Contributed by: Joni Laramore







Personal Responsibility In a Desirable Environment



Beginning with this month's edition of the Sunland Beacon, we will recognize a department/area of the Center that has excelled in exhibiting Sunland PRIDE!

This month we are pleased to recognize Unit 1 Buchanan House as our first winner of the...

"Community Spotlight of the Month" ~Buchanan House~

Unit 1- Kim Kennedy, Program Operations Administrator

"The Sunland Beacon" - Newsletter Committee

Suggestions and/or news article submissions are welcomed; please contact any committee member:

Beth Basford, Administration, Editor; Clint Cox, Co-Editor; Ashley Hill, CSS/Print Shop; Maria Johnson, CSS/Print Shop; Ethan Smith, IT; Cleve Wedderburn, Unit 1; LaWanda Calhoun, Unit 2; Allison Jones, Unit 3; Juanita Alford, Pathways; Lynn Baxley, Maintenance/Operations; Joni Laramore, Administration; Mary Gallagher, Quality Management; Sandy Helms, ARNP-Medical/Wellness Committee; Suzanne Laramore, RN-Nursing/Safety Committee